

# **Hearty Soups: Over 100 Nourishing Meal-in-a-Pot Ideas**

## **By Debra Mayhew**

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Oct 07, 2009 This thick and hearty hamburger soup is loaded with vegetables and barley. Heat a large soup pot over medium-high heat, Nutrition. Calories; 223

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### **Soup by Debra Mayhew - AbeBooks -**

Soup by Debra Mayhew. You Searched For: Author: debra mayhew, Title: soup. Edit Your Search. Soup Bible. Debra Mayhew. Published by Barnes and Noble (2011)

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### **Progresso - Official Site -**

Savory soups, hearty vegetables. Progresso has 15 soups with a half cup of delicious vegetables per serving! \* See nutrition information for fat,

<https://progresso.com/>

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Debra Mayhew, the consultant editor of this book, has brought together a wonderful collection of her favourite soup recipes by a team of major food writers. Customer  
<http://www.amazon.ca/Hearty-Soups-Nourishing-Meal-Pot/dp/184215432X>

### **All Books Sorted by Title - The Very Best books -**

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pot meal, soup is as versatile and popular as it is flavorful and comforting. A Good Day for Soup includes over Mayhew, Debra The Cook's Encyclopedia of Soup  
[http://orange.ebookman.com/search.shtml?ss\\_location=Cookbooks%20/%20Casserole/Soup&srch\\_start=1&browse=1](http://orange.ebookman.com/search.shtml?ss_location=Cookbooks%20/%20Casserole/Soup&srch_start=1&browse=1)

**On The Menu Featuring Ann and Peter Haigh -**

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<http://www.amazon.com/Hearty-Soups-Nourishing-Meal-Pot/dp/184215432X>

**Hearty Tomato Soup Recipe - Food.com -**

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### **Main Dishes Archives - Real Food Eater -**

This is a quick go-to meal for those busy nights when you still want to feed your family a nourishing meal. over 800 recipes and ideas, worth over Over 100

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<http://forums.egullet.org/topic/18190-digest-boston-globe-food-section/page-4>

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<http://blommi.com/better-for-you-fun-fridays/>

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### **Hearty Potato Soup Recipe | Taste of Home -**

Originally published as Hearty Potato Soup in Taste of Home February/March 1993, p33 Love rolling something over into another yummy something.

<http://www.tasteofhome.com/recipes/hearty-potato-soup>

### **for events page - Wild Oats Market - Wild Oats -**

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